

**FAIRVIEW ELEMENTARY SCHOOL MENU**

**August / September 2018**

**Lunch has 5 components**

- Protein**
- Grain**
- Vegetable**
- Fruit**
- Milk**

*Students must choose at least 3 components*

*with one being a fruit or vegetable*

*Students may choose 1 or 2 vegetables and/or 1 fruit*



# September

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| <b>27 Aug</b>   | <b>28 Aug</b>   | <b>29 Aug</b>   | <b>30 Aug</b>  | <b>31 Aug</b>  |
|   |   | Stuffed Crust Pizza<br>Body Building Broccoli<br>Totally Tasty Tossed Salad<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 1 | Hot Dog on Bun<br>or Cheese Dog on Bun<br>Rice Pilaf<br>Super Saucy Baked Beans<br>20/20 Carrot Bites<br>Assorted Fruit / Milk<br>Ketchup & Mustard<br><br>Day 2 | Chicken Strips<br>Buttered Noodles<br>Bread & Butter<br>Galactic Green Beans<br>Assorted Fruit<br>Milk Variety<br>BBQ Sauce, Ketchup & Mustard<br><br>Day 3      |
| <b>3 Sep</b>  | <b>4 Sep</b>  | <b>5 Sep</b>  | <b>6 Sep</b>   | <b>7 Sep</b>   |
| <b>Labor Day<br/>No School</b>  | Max Stix with Dipping Sauce<br>Brain Boosting Broccoli<br>Lettuce Celebrate Salad<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 4                                 | Hamburger on Bun<br>or Cheeseburger on Bun<br>Buttered Noodles<br>Bugs Bunny Bites<br>Assorted Fruit<br>Milk Variety<br>Ketchup & Mustard<br><br>Day 5  | Scrambled Eggs<br>French Toast Sticks w/Syrup<br>Tater Tots<br>Crunchy Celery Stalks<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 6 | Chicken Nuggets<br>Bread & Butter<br>Be Your Best Baked Beans<br>Famous Horn Corn<br>Assorted Fruit<br>Milk Variety<br>BBQ Sauce, Ketchup & Mustard<br><br>Day 1 |
| <b>10 Sep</b>   | <b>11 Sep</b>   | <b>12 Sep</b>   | <b>13 Sep</b>  | <b>14 Sep</b>  |
| Tiger Roar Cheese Pizza<br>Body Building Broccoli<br>Totally Tasty Tossed Salad<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 2 | Chicken Parmesan on Bun<br>or Chicken Patty on Bun<br>Carrot & Celery Sticks<br>Lean Mean Green Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit / Milk<br>Ketchup & Mustard<br><br>Day 3 | Beef Taco<br>Cosmic Corn<br>Bandito Refried Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br>Salsa<br><br>Day 4                  | Grilled Cheese Sandwich<br>Cheese Stick<br>Tomato Soup<br>Tiger Blend Vegetables<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 5     | Chicken Gravy<br>over Smashed Potatoes<br>Breadstick<br>I See You Baby Carrots<br>Power Punch Peas<br>Assorted Fruit<br>Milk Variety<br><br>Day 6                |
| <b>17 Sep</b>   | <b>18 Sep</b>   | <b>19 Sep</b>   | <b>20 Sep</b>  | <b>21 Sep</b>  |
| KB Cheese Pizza<br>Bedazzled Broccoli Bites<br>Lettuce Celebrate Salad<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 1          | Chicken Patty on Bun<br>Sweetie Pie Potato Fries<br>Totally Tasty Tossed Salad<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br>BBQ Sauce, Ketchup & Mustard<br><br>Day 2    | Spaghetti with Meatsauce<br>Tiger Blend Vegetables<br>Mellow Yellow Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 3   | Chef Salad w/Roll & Crackers<br>or Combo Sub<br>Smiley Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br>Ketchup<br><br>Day 4              | Macaroni & Cheese<br>Breadstick<br>X-ray Vision Carrots<br>As You Please Peas<br>Assorted Fresh Vegetables<br>Assorted Fruit<br>Milk Variety<br><br>Day 5        |

Milk ¢.60  
 Lunch \$2.45  
 Reduced Lunch ¢.40

Check Student balances and make payments at [www.myschoolbucks.com](http://www.myschoolbucks.com)

Uncrustable Lunch Option  
 Yogurt with Cheese Stick Option  
 Available Daily

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| <b>24 Sep</b>              | <b>25 Sep</b>                 | <b>26 Sep</b>             | <b>27 Sep</b>             | <b>28 Sep</b>             |
|----------------------------|-------------------------------|---------------------------|---------------------------|---------------------------|
| Tiger Roar Cheese Pizza    | Chili with Gold Fish Crackers | Corn Dog Nuggets          | Pierogies                 | Meatball Sub              |
| Body Building Broccoli     | Soft Pretzel                  | Smashed Potatoes w/Gravy  | Sweetie Pie Potato Fries  | Crunchy Celery with Ranch |
| Totally Tasty Tossed Salad | Bugs Bunny Bites              | Mind your Peas & Carrots  | Blazing Cowboy Beans      | Bean Me Up Green Beans    |
| Assorted Fresh Vegetables  | Assorted Fresh Vegetables     | Assorted Fresh Vegetables | Assorted Fresh Vegetables | Assorted Fresh Vegetables |
| Assorted Fruit             | Assorted Fruit                | Assorted Fruit            | Assorted Fruit            | Assorted Fruit            |
| Milk Variety               | Milk Variety                  | Milk Variety              | Milk Variety              | Milk Variety              |
|                            |                               | Jello                     | Chocolate Chip Cookie     |                           |
| <i>Day 6</i>               | <i>Day 1</i>                  | <i>Day 2</i>              | <i>Day 3</i>              | <i>Day 4</i>              |

**Available Daily**

Assorted Fresh Vegetables

Assorted Fruit

Milk Variety

Un crustable Lunch Option

Yogurt & Cheese Stick Lunch Option

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